



## Maggie DiStasi, Professional Certified Coach

Maggie DiStasi works with PeopleDynamics Learning Group (PDLG) as an associate coach and as a member of the faculty of our ICF and WABC Accredited Business Coaching Advantage Program™. She brings a wealth of business experience as well as coaching and facilitation experience to her work as an instructor and mentor coach.

Having close to a decade of coaching experience, Maggie holds the ICF designation Professional Certified Coach (PCC), having gained her coaching certification through the Adler School of Professional Coaching. She is also an Applied Mindfulness Meditation Specialist (University of Toronto) a Project Management Professional (PMP) granted by the Project Management Institute and holds a BC in Management Economics from Guelph University. She enjoys workshop design and facilitation and coach training because it enables her to put her wealth of personal and professional experience into action in service of others.

She's been there herself: she had a highly successful career in financial technology management with her last role being Vice President, Technology for BMO Prime Brokerage. She was good at her job and even learned how to manage bullying behavior, successfully angle for promotions and mentor team members on challenging projects. She yearned to do something different though. It took a medical health crisis for her priorities to shift and Maggie soon became motivated to develop a career in professional coaching.

Maggie's approach to career and leadership coaching is both thoughtful and creative. Winston Churchill said, "If you're going through hell, keep going." Or, you can hire a coach to make the journey quicker and easier!

As a Career Transition and Leadership Coach, she helps clients navigate the uncertainty of leadership and what it takes to lead through flux. She also helps small- and mid-sized business owners develop the skills and presence to lead mindfully for greater impact with their teams and business objectives.

Maggie works with people who are ready to make their own career transition: to get ahead in their career, change jobs or industry, or start their own business. As a career transition coach, she helps client sort out what matters to them, determine what to do next, and to start taking action.

Specifically, in her practice of coaching, Maggie invites people to focus on their process - the mindsets and personal habits that enable them to create positive change - especially when they're unsure about next steps. Through working with Maggie, her clients begin to see themselves differently; with less judgement and more constructive self-awareness. They gain the clarity and confidence needed to operate well as a leader and transition well in their career development. If you're going through hell, or are simply ready to start making positive change, connect with Maggie to discover how coaching and learning with her can make the difference.

Maggie works as a leadership and career coach in a variety of organizations. Examples include: Rogers Communications, Sick Kids Hospital, Stephen Thomas Ltd. and Marketing CoPilot. She is co-author of "Starting a Hedge Fund: A Canadian Perspective" and delivers her program Break the Glass Ceiling! – a program to develop skills for career advancement.